

Lanfranc Year 9 Athletes Thump Trinity and Worry Whitgift.

At the recent Croydon Championships, the Year 9 Boys team excelled in a competition that is always dominated by the two big independent Boys school in the Borough. Lanfranc pushed Trinity down into third place and got within 1.5 points of reigning champions, Whitgift School.

An honourable mention however needs to be made of Kimberley Morgan who came first in the girls High Jump. However the day really did belong to the boys. Points were hard to come by in the Field events, although Jamel Jessey and Issiah Kwaku picked up valuable points by placing in the Triple Jump and Shot Putt respectively. Omar Reid got a bronze in the Discus with 26.78 while Simpe Mpofo stole the headlines with a big Javelin win of 37m13.

The track performances were magnificent. Kertis Beswick opened with a Hurdles win by nearly a full second in a time of 13.5. Kertis showed strength, speed and technique. Daniel Boateng battled for a brave third placing in the 100m. Taiwo Kamoju destroyed all comers in the 200m, cruising to clockings of 24 flat in the heat and the final. National medallist Femi Agbetoyin won the 800m by 6 seconds in a quick 2mins 14. Keiron Dowding rounded off the individual performances with a brilliant tactical run in the 1500 to grab silver in the sprint for the line.

To round off the day nicely, the team of Boateng, Beswick, Agbetoyin and Kamoju won the Relay Trophy by two full seconds; a huge win in sprint terms.

Congratulations to all of our team.

S Knight

PE Dept.